

**Ellington Senior Center Calendar
January 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
* <u>Note</u> : Schedule subject to change without prior notice			Town Closed	NO EMATS Mahjongg 10:00am No Ballroom/Polka Social Pinochle 6:00pm SAT – 1/3/09 Setback @ 7:00 p.m.
5	6	7	8	9
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm	EMAT APPTS Bridge 9:00am Blood Pressure 1:30pm Setback 7:00pm Geisslers/Shaws	EMAT APPTS HVCC Transit Podiatry Clinic 9:00am Ellington Singers 10:00am Shuffleboard 2:00pm Big Y/Dollar Store	EMAT APPTS Carolyn's Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm Price Chopper/Dollar Store	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 1/10/09 Setback @ 7:00 p.m.
12	13	14	15	16
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Lunch & Learn (Unclutter Your Life) 12:30pm	EMAT APPTS Bridge 9:00am Setback 7:00pm Out To Lunch Chuck Wagon Restaurant 1:00 pm	EMAT APPTS HVCC Transit Ellington Singers 10:00am No Shuffleboard Volunteers Meeting 2:30pm Variety Revue: Workers & Performers Thank You Party 4:30pm Big Y/Dollar Store	EMAT APPTS Sew & So 9:30am Canasta (middle room) 1:00pm Memory & Creative Writing (BR room) 2:00pm Lunch & Learn American Cancer Society 12:30pm Price Rite Plus	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 1/17/09 Setback @ 7:00 p.m.

19	20	21	22	23
Town Closed	EMAT APPTS Bridge 9:00am Nutrition Program 11:30am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm Geisslers/Shaws	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffle Board 2:00pm Big Y/Dollar Store	EMAT APPTS Carolyn's Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm Price Chopper/Dollar Store	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 1/24/09 Setback @ 7:00 p.m.
26	27	28	29	30
EMAT APPTS Exercise Class 9:00am Tai Chi 10:30am Mahjongg 1:00pm Line Dancing 1:30pm Geisslers	EMAT APPTS Bridge 9:00am Nutrition Program 11:30am Setback 7:00pm Movie Matinee “Groom Wore Spurs” (1951) 2:00pm Big Y/WallMart – E. Windsor	EMAT APPTS HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm Birthday Lunch (SC) “Soup & More” 12:30pm Shaws	EMAT APPTS Sew & So 9:30am Canasta 1:00pm Price Rite Plus	NO EMATS Mahjongg 10:00am Ballroom/Polka Social 1:00pm Pinochle 6:00pm SAT – 1/31/09 Setback @ 7:00 p.m.
Upcoming Activities		Monthly Features		Reminders
Nutrition Education & Weight Management Classes January 20, 27; February 3, 10 (11:30 a.m.) St. Patrick's Luncheon – Kerry Boys – 3/13/09 <u>Evenings</u> Musical Insights – Second & Fourth Monday of month 6:00 pm Cards: Setback – Tuesday & Saturdays 7:00 p.m. Pinochle – Friday at 6:00 p.m.		Better Age Club – Meetings twice a month Blood Pressure Clinic/Diabetic Screen – (BP) 2 nd & 4 th Tues of the month (DS) 4 th Tuesday of month 1:30pm Cards and Games Carolyn's Crafts/Sew & So – (CC) 2nd & 4th Thursday of month 9:30 am (SS) 1st & 3rd Thursday of month Ellington Singers – Wednesdays 10:00am Health & Wellness News Memory & Creative Writing – 3 rd Thursday of month 2:00pm Podiatry Clinic – First Wednesday of month 9:00am Veteran's News Anna L. Turner MSW– Outreach Municipal Agent		Transportation Line: 870-3137 Hours: 9:00 a.m. – 1:00 p.m. All Information for the upcoming newsletter needs to be into the Directors Office no latter than 2/6/09